



heal with  
**LASER**

Finish the Year Strong:

Reflect, Review and Grow Your Practice for 2026

## Workbook 2



Speeds the  
healing process



Relieves  
Pain



Reduces  
inflammation



Repairs  
damaged tissue

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## SESSION 2: Clinical Approach Audit and Reflection

### A. Clinical Audit Template

Choose 6–10 representative cases in each service area to audit. For each case record:

- Case ID
- Service area
- Presentation
- Treatment(s) given
- Number of visits
- Outcome (objective)
- Outcome (patient reported)
- Would you repeat approach? Why?

**Guidelines:**

- Use a consecutive sample if possible to avoid selection bias.
- Include both successful and less successful cases.
- Where possible, record baseline and final measures (pain score, function, wound size, return-to-activity).

**Reflection prompts:**

- What patterns exist in successful versus less successful cases?

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- Where could protocols be standardised to improve consistency?

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## C. Clinical variation and peer sharing log

During Session 2, capture peer suggestions and rate feasibility for your clinic.

Peer Idea	Clinical Benefit	Resource Need	Feasible? (Y/N)	Notes

### Reflection prompts:

- Which approaches most challenged your current practice?

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- Which low-cost changes could be trialled immediately?

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## E. Clinical governance and safety

Complete this short audit around safety and governance for new practice changes.

Item	Current status	Action required	Responsible	Target date
Consent forms updated for laser therapy				
Infection control checks for devices				
Staff training records for laser use				



e. [info@healwithlaser.com.au](mailto:info@healwithlaser.com.au)  
t. (07) 3040 3031

[www.healwithlaser.com.au](http://www.healwithlaser.com.au)